



Restaurant quality fresh & frozen meals in the comfort of your home away from home. We cook all our meals in small batches to preserve the quality & flavour & use all locally sourced ingredients from farmers' meats & vegetables from allotments, kooked.north's garden & local businesses. Read our reviews & browse our food on social media @kooked.north Give us a call on 07876809227 or alternatively email kooked.north@gmail.com - we look forward to catering for you.

Meals Serve 1 person

Grass Fed Ingram Valley Lamb Koftas – kooked.north's very popular lamb koftas served with an Ottolenghi inspired Middle Eastern Salad full of fresh garden picked herbs & a garlic & lemon Greek dip & flatbread. 12.50 *fresh elements*

Corn Fed Chicken – Marinated with local Chain Bridge Honey, ginger & garlic served with kooked.north's wild rice topped with fresh coriander. 11.00

Spinach Pesto & Roasted Red Pepper Lasagne – kooked.north's homemade pesto with slow roasted red peppers served with local roast potatoes & mixed salad 12.25 * fresh elements

Sri Lankan Pork Curry – Homemade from scratch with Sri Lankan spices this dish is very flavoursome, served with basmati rice & flatbread. 12.50

Chicken Leek & Mushroom – Chicken cooked in a local blue cheese sauce with creamy mashed potato 12.50

Local Chilli Con Carne Northumbrian Beef – Slow roasted pulled brisket in a mild chilli sauce with roasted red & yellow peppers served with either basmati rice or tortilla chips, guacamole & jalapenos 12.50 * fresh elements*

Northumbrian Venison & Redcurrant Casserole – Locally sourced venison, slow roasted with a sweet redcurrant gravy & garlic mashed potatoes 13.25

Thai Sweet Potato & Red Lentil Curry – a flavoursome dish made with kooked.north's homemade Thai red curry paste served with wild rice & a flatbread 10.25

Rustic Cottage Pie – Locally sourced beef mince cottage pie served with seasonal vegetables 9.80

Chicken Pie – kooked.north's very popular chicken leek & mushroom pie with a puff pastry top & a creamy filling this is a go to comfort dish on those cosy nights in. Served with creamy mashed potatoes 10.25

Tomato Risotto – Creamy tomato & chorizo risotto filled with a garlic crumb top. Served with a flatbread 8.95

Sticky Moroccan Chicken – Chicken thigh caramelised & slow cooked with dates, Moroccan spice & pomegranate, served with wild rice 12.50

For deliveries leave us a message on Instagram, Facebook or via the number above by phone call or text & we will get back to you. **As much notice as possible is recommended to avoid disappointment** Minimum spend of £40 for deliveries